

Pre-Surgical Instructions

1. On the night before your surgical procedure, **DO NOT:**

- Eat or drink after midnight
- Drink any alcoholic beverages

******Failure to follow this instruction may increase the incidence of nausea and vomiting during surgery. This can be dangerous and/or life threatening while you are under anesthesia or sedated. ******

2. Take prescribed pre-operative medications as directed with **a sip of water.**

3. On the morning of your surgery:

- a. Wear loose, comfortable clothing, a short-sleeved top, and low-heeled shoes (i.e. tennis shoes)
- b. Do not wear jewelry, watches, contact lenses, makeup or nail polish
- c. Do not bring purses, backpacks or cell phones
- d. Brush your teeth

4. **If sedation will be used for your surgery, either oral or IV, you must be accompanied by a responsible adult escort.**

- a. The escort must drive the patient to and from the appointment
- b. The escort must remain in the waiting room during the surgical procedure
- c. A responsible adult must remain with the patient for 8 hours after surgery
- d. Do not drive for 24hrs after your surgery

5. After surgery, you will not be discharged to your escort until you have met our discharge criteria.

Medications to take prior to surgery

Medications to stop prior to surgery

I have discussed these pre-surgical instructions with the surgeon and /or his assistants. I have read and understand these instructions. I fully understand the importance of these instructions in the prevention of life threatening situations before, during and after surgery. I agree to follow these pre-surgical instructions.

Signature

Printed Name

Date

Witness

Date

Surgeon

Date